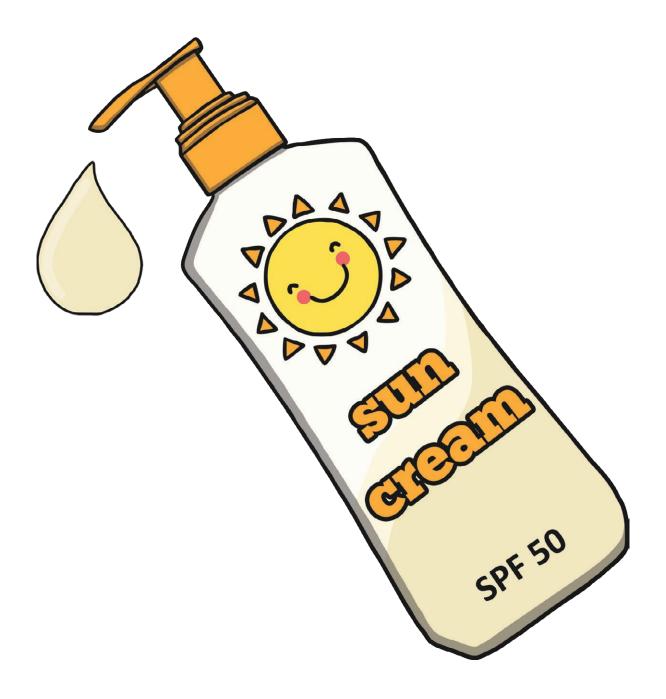


Put sun cream on.





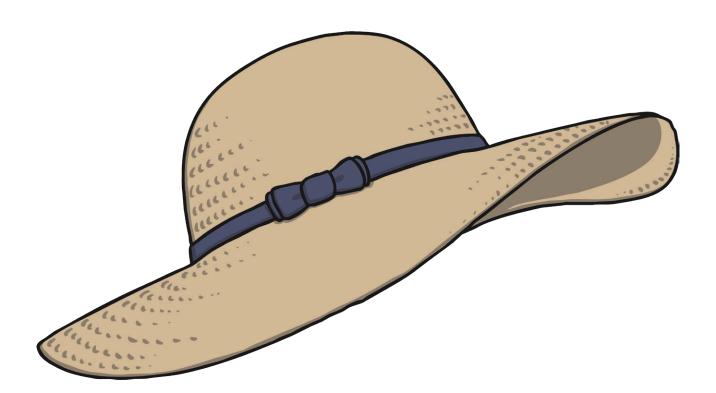
sun cream





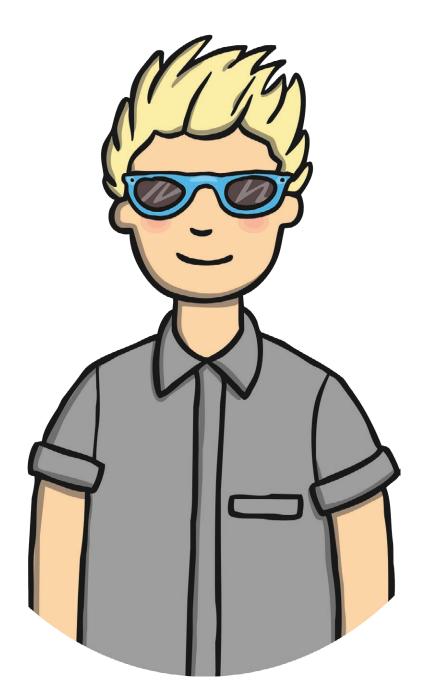
Wear a sun hat.





sun hats





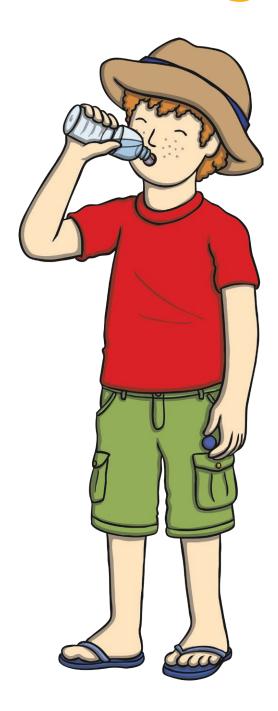
Wear sunglasses.





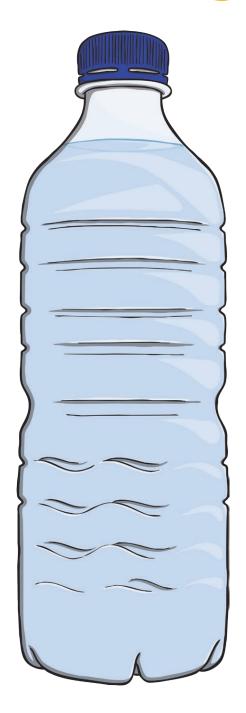
sunglasses





Drink lots of water.





water





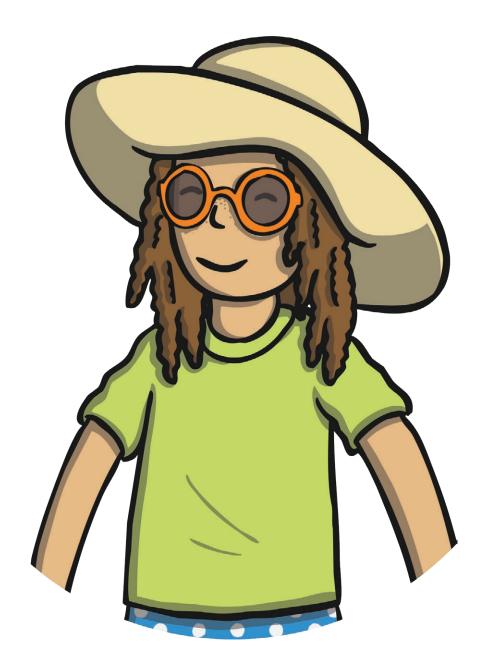
Keep in the shade.





shade





Wear a t-shirt.





t-shirt

