

Individual Activity Lesson Plan

Date: Friday 24th July 2020

Activity Title: Under the Sea Hand Printing

Learning Intention:

- Experiment with colours and create an under the sea painting.

Links to EYFS: Expressive Arts and Design

- Experiments with marks.

Resources:

- Paints (any paint colours)
- Paint brushes (any sizes)
- Black pens or felt tips
- Colouring pens/felt tips
- Card or paper (any that is available)

Activity Overview:

Explore paint with hands and fingers and create an under the sea painting.

Key vocabulary:

Hands, fingers, press, paint brush, paint colours, sea creature's names, push, spreading, bubbles, eyes and mouth coral.

ACTIVITY IMPLEMENTATION (including key question)

Introduction:

- All the templates which have been included with this lesson plan can be viewed on the computer, as you create your hand painting.
- Show your child the template of the different sea creatures (we have include an example for you all to view on your computer, if a printer is unavailable)
- Talk to your child about what they can see in the pictures.

*What can you see?

*What are these called?

*What colours can you see?

*Where do these sea creatures live?



Main Activity:

- Explain to your child they are going to create fishes and coral using their hands to print. Using paint on their or card/paper.
- Show your child the attached template **Under the Sea Hand Printing step by step instructions** as an example of what they will be creating and what it might look like.
- Gather your resources (see the **attached Under the Sea Hand Printing step by step instructions or above resources section**).

Instructions

1. Using your paint brush, support and guide your child to paint their left hand. (Your child may want to paint their own hands independently).
2. Spreading your fingers apart, gently press your/their hand against the right side of the card/paper.
3. Using the same paintbrush or fingers they can fill in the missing gaps with the paint.
- 4 & 5 Now you can **wash your hand**, as you will be painting your right hand to print, you can use a different colour or the same. Then repeat **step 1** and **step 2 but this time printing on the left side of your card/paper. Wash your hands once you have finished printing.**
6. Your child can use their fingertips to create bubble marks coming out from the fish mouth.
- 7 & 8 Now you can **wash your hand**. Using the green paint (or any colours that are available) paint your finger, then pressing it against the bottom of your picture creating some coral.
9. **OR** your child can paint their four fingers pressing it against the bottom of your pictures creating coral.
10. Once your picture has dried, with support and guidance draw eyes and a mouth on your fish.
11. Now you have created your very own under the sea fish.

*Wow, look at your wonderful fishes!

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*What do you like about your own picture?

Challenge:

- As your child created a wonderful under the sea picture, they may like to try creating a crab painting using their hands. Your child can choose any paint colours they would like to use. **(See the attached Designing a crab through Hand Printing step by step photo instructions)** showing you how to create your very own crab painting. Have Fun!



Additional ways to support your child:

If your child does not like the texture of the paint on their hands they can create a picture using their fingers. (See the attached template **Creating different coloured fish using finger printing step by step photo instructions**).

Extension:

Using the attached template **Ideas to create your own sea creatures**, your child could create their own sea creature using colouring pencils/ pens on plain card/ paper.